



Centre for Gerontological Studies (CGS) drawing inspiration from UN World Assembly on Ageing in Vienna in 1982, it was established in the year 1983 with the initiative of the then Professor Dr. P K B Nayar, HoD, Dept of Sociology, University of Kerala. The CGS has become a unique International Centre of its kind for interdisciplinary studies and research on Ageing. The CGS is Governed by a 15 member Governing Council consists of eminent and experts in the field.

The CGS is a voluntary organization of Kerala, has been championing the cause of elder people. Besides effectively involving the community in their programs. The Centre assisted in formulation of the State Policy and Plan of Action for the Elderly in the States of Kerala and other states.

The CGS aimed to organize programs for the welfare of senior citizens, promote / execute programs of study, organizing various courses, seminars, workshops, symposium, training programs. publications and conducting research studies on old age issues. The Centre is collaborating with, Government and Non-Governmental Organizations in promoting knowledge relating to elderly. In addition, the Centre has also been taking up various other activities such as Advocacy, Research, Training, Consultancy and Promotional works on ageing.

Awards/ Recognition

The Centre for Gerontological Studies has received the National Award Vyoshreshtha Samman 2009 for institution of knowledge by the Union Ministry of Social Justice and Empowerment on the occasion of International Day of Older Persons on October 1, 2009 for its outstanding contribution in the field of older People.

Provisions from CGS Cells

Legal Literacy/Assistance | Research | Vocational Skill Development
Online / Offline Courses | Life Skills Education | Field Programmes

Project Preparation | Training | Experiential workshops
Awareness Programs | Innovative Programs | Model Programs

Courses Offered

1. Certificate Course in Counselling and Guidance for Geriatric Care Management, (6 months)
2. Diploma in Counselling & Guidance for Geriatric Care Management (1 Yr)
3. Certificate Course on Geriatric Nursing Assistants (6 months)
4. Elderly Care Taker (NSQF level 3, DWSSC, Govt. Of India)
5. Elderly Care Companion (NSQF level 4, DWSSC, Govt. Of India)



Certificate Course in Counselling and Guidance for Geriatric Care Management

Counselling and Guidance for Geriatric Care and Management play a crucial role in addressing the unique needs of the elderly population all over the world. With the ageing process and the increasing average lifespan, there is a growing demand for specialized care for elders.

Geriatric care management involves planning and coordinating the care of elderly individuals, considering their physical and mental impairments. The challenges faced by the elderly, such as Physical / physiological changes, chronic conditions of the elders, and other changing structures in the family social factors etc. By providing needed support, geriatric care may improve the quality of life for the elderly population.

Course Papers

1. Basics of Gerontology
2. Aging Perspectives, Policies and Programs
3. Geriatric Health Care and Management
4. Geriatric Counselling & Guidance
5. Project work / Internship

Special Features of the Course

Online and Offline Classes | Self learning Materials | Assignments
Field Visits | Contact Programs | Special lectures

Job Opportunities

Persons who are interested to work in the Governments Projects like Pakal Veedu for elders, old age homes, hospitals for elders etc. Persons/ Agencies who plan to start the above Govt. Projects Opportunities are also open for students who are going for other countries for educational / employment purposes. Anyone who wish to work as Academic member / Resource Person.

Academic Team

Dr. Sobha B Nair, Course Director, Mob. 9567225551
(Former Prof & HoD, Dept of Sociology, University of Kerala)
Dr. P Prathapan, Course Co-ordinator, Mob. 9446176426
(Former Addl. Director, Dept of Social Justice, Govt of Kerala)
Dr. T Sundareshan Nair, Academic Member, Mob. 9447155787
(Former Director, State Resource Centre, Ministry of HRD, Govt of India)
Sri.S. Harish Kumar, Academic Member, 9446323871
(Former Media Officer & Program Co-ordinator, SRC, Kerala, Govt of India)
Sri. V. Vijayakumar, Academic Member, Mob. 9895714006
(Former Principal Technical Officer, C-DAC, MEIT, Govt of India)
Dr, Rexen Jacob. R, Academic Member
(Asst. Professor, Dept.of Sociology, Govt.KNM College, Kanjiramkulam).
Smt. Chinnu, Research Scholar / Course in charge. Mob. 812984542

ACADEMIC
TEAM